

WTPN

WE THE PEOPLE NETWORK

The Best Items to Stock for Any Emergency, According to Survivalists

Backpack

Flashlight

Oil Lantern

Multi-tool

First-Aid Kit

Hand-Crank Radio

Matches and Lighters

Power Bank

Batteries

Sleeping Bag

Warm Blanket

Inflatable Pillow

Cards and Games

Cleaning Agent (unscented Bleach)

Food (non perishables) * *see list below*

Water (1 gal of water per person per day)

Water storage

Emergency Blanket

Whistle

Alternative cooking vessels

A tent

Plastic Sheeting/Water proof tarp

Duct Tape and Paracord

A Plan

Personal Hygiene Products

Signals and Maps

Survival Reference material

A Shovel
Generator
Fuel: Gas Propane etc
Solar Panel
Solar light
Candles
Work Gloves
List of Emergency Contacts
Tactical Knife
Hand Gun
Rifle
Ammo
Pen and Notepad

Good food options for no electricity include:

Ready-to-eat canned fruits, vegetables and meats, along with a can opener.
Protein or fruit bars.
Dry cereal or granola.
Peanut butter.
Dried fruit.
Canned juices.
Non-perishable pasteurized milk (or non-dairy milk).
High-energy foods.
low-sodium canned beans, vegetables, fruit (packed in fruit juice), breakfast cereal, pouches of fully cooked whole grains, nuts, whole-wheat crackers, snack bars, and shelf-stable milk or plant milk (the kind sold in aseptic boxes in the grocery aisle
Water

